

Raiganj Surendranath Mahavidyalaya

Raiganj, Uttar Dinajpur

Department of Physical Education

Internal Assessment B.A. (PEDG) Part-III

2020

Time-

Full Marks- 10

Group-A

Answer any five questions:

5x1=5

1) The total number of Officials in Volley Ball Tournament is:

- (a) 4 (b) 5 (c) 6 (d) 7

2) Which is not characteristics of sports training of following?

- (a) Speed (b) Endurance (c) Flexibility (d) Interval Training

3) Who is the President of B.C.C.I. now?

- (a) Mamata Banerjee (b) Bhaichung Bhutia (c) Sachin Tendulkar

(d) Sourav Ganguly

4) Who is the Gold Medallist in Athletics of following?

- (a) Swapna Barman (b) Bhaichung Bhutia (c) Sourav Ganguly

(d) Mamata Banerjee

5) Which year Physical Education started in West Bengal?

- (a) 1928 (b) 1932 (c) 1936 (d) 1940

6) Communicable Disease is:

- (a) Heart Stroke (b) Fever (c) Covid-19 (d) Blood Sugar

Group-B

5x1=5

Answer any one question:

1) Characteristics of Sports Training

2) Important of Warming Up

Date: 16/07/2020

Dr. Shyam Sundar Pratihar

Department of Physical Education

Raiganj Surendranath Mahavidyalaya