International Women's Day (March 8) is a worldwide commemoration of women's social, economic, cultural, and political accomplishments. The day also serves as a call to action for achieving gender parity sooner rather than later.

On the 12th of March, the Women Cell of Raiganj Surendranath Mahavidyalaya hosted a one-day National Webinar on the theme "Innovations in addressing violence against women in the context of Covid-19," for which we invited two distinguished speakers.

Dr. Suraiya Tabassum, an Assistant Professor at the Sarojini Naidu Centre for Women Studies at Jamia Millia Islamia in Delhi, was the first speaker of the day. "Violence Against Women" was her topic. With particular emphasis on pandemic and covid 19. The purpose of the session was to raise awareness and education about the increasing levels of violence and crime. That is a problem that women in India encounter. How crucial is it to comprehend the nature of violence in order for society to reflect on it?

The day's second speaker was Dr. Samraggi Chakraborty, an Assistant Professor at Ajeenkya DY Patil University Pune's School of Law. Her topic was "Women's Violence and Its Impact on Mental Health," in which she explained how and to what extent violence can damage women's health, particularly mental health. The purpose of the session was to raise student awareness of violence and how it can negatively impact a woman's life.

